

"Marchons, marchons! Qu'un sang impur, Abreuve nos sillons!" For some reason, March makes me think of La Marseillaise (the French national anthem). I assume it's the "Marchons!" bit, which sounds like a decisive way to greet the incoming spring. The next part is a little less relevant about the impure blood of enemies watering our fields. That may be a step too far, although (bear with me here) it could be a timely reminder that this month we should think about nurturing the young shoots of plants. And that some mulch (with a sprinkling of blood, fish and bone) would do no harm at all.

Words by James Alexander-Sinclair

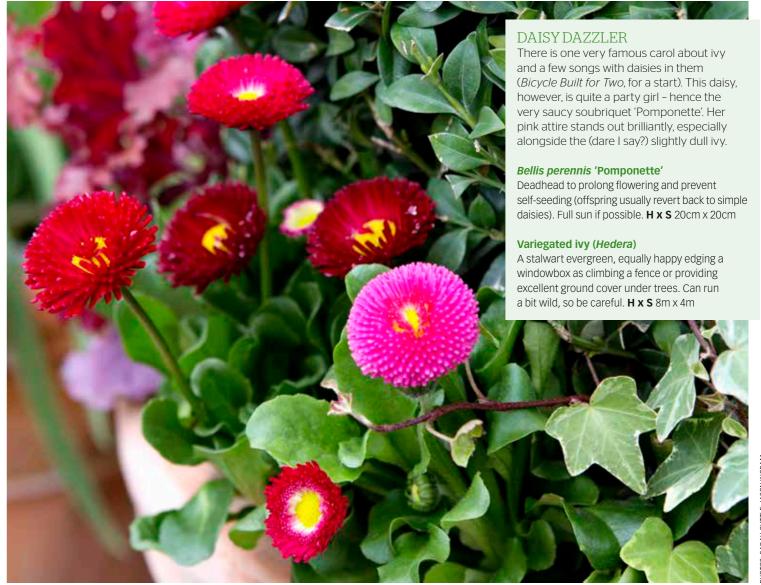
STAR OF THE MONTH Muscari armeniacum

To continue the musical theme from the words above, *Muscari* also spurs me into song, this time an Italian one. This song (Nel blu, dipinto di blu), written and sung by Domenico Modugno, found fame as the Italian entry in the 1958 Eurovision Song Contest. It goes on to wax lyrical about the blue, blue sky, which is, as you can see, the same glorious colour as the flowers of this exquisite grape hyacinth. The little purple chap peeking out from the foliage is a viola, with deep blue/purple hyacinths at the back.

Very easy to grow. Plant as bulbs in autumn, in borders and containers. If happy it will self-seed, and clumps can be divided when dormant in summer. Height x Spread 15cm x 10cm







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Ah. I'm a bit stuck for musical metaphors here. Pulmonaria is commonly known as lungwort, so I suppose it could draw attention to the importance of breath control while singing? No? Okay, then let's just talk about how useful this plant is as a bit of shady ground cover. It will happily spread around and bring joy to the tricky areas under trees. It also provides very useful early food for bees.

Pulmonaria angustifolia

SHADY LADY

Remove any old, dead leaves to keep neat. Propagate from seed or by dividing plants after flowering. **H x S** 20cm x 20cm





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PINK PERFECTION

This is easier: think plush drawing rooms, Verdi and the opera La Traviata, which is based on La Dame aux Camélias (a book by Alexandre Dumas). Courtesans, tragedy, love and regret. A suitably grand and dramatic analogy for this majestic shrub: camellias are glossily evergreen with spectacular flowers in every shade of pink, white and red. This one is remarkable for its semi-double blooms and pointy petals.

Camellia japonica 'Yours Truly'

Evergreen. Best in acid or neutral soil – grow in a large pot if your soil is alkaline. **H x S** 1.5m x 1m



PHOTOS: SARAH CUTTLE; JASON INGRAM

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